CHAPTER 10

NATURE OF REALITY

JULY 15, 1976

ROMC: "All I can see so far is darkness. Now I see a tunnel before me. It is a spiraling tunnel. I am trying to keep my eye on the pin-point of light at the end of this tunnel. I'm being drawn through. It's like I can feel a pull right up through my head."

RAM: "Are you receiving particular instructions on how to follow the light?"

ROMC: "Yes. I'm supposed to relax and let myself go to that point of light. I can see the light, but at the same time it seems that I am being drawn right up through the top of my head toward that pinpoint of light. It is not like I am going up very slowly on an elevator, instead I am being drawn through fast.

"Now I'm coming to the light. I'm in a type of a room or a large cave. I'm supposed to get comfortable. I can hear music in my mind's ear. It is classical music. Now I am finding myself on my platform. It is all padded.

"As I relax I am supposed to look at a screen in front of me. They are going to flash pictures and there is going to be music to go with the pictures.

"On the first picture I am getting a close-up look at a planet. I can see mountains. Now I've lost that picture. They are developing my sight process and it is a very delicate process.

"I can see the planet again. There is a different shot of it. I am being told that I am expecting the wrong type of pictures. I am expecting to actually see them, but the pictures are coming to my mind in a different way. To see pictures in my mind's eye, I shouldn't expect to see them the way that I would see them with my physical eyes. I see them from the energies of my third eye. They are trying to show me pictures on the levels of sensing and sight together from this third dimension. I am expecting to see them right in front of me very colored and very clear, but they are showing me the different levels of sight. I'm to see and sense a rapid series of pictures and describe what I experience.

"...Now I can see the inside of a type of space ship. I can see the control room with all the chairs around.

"...Next is an underwater shot looking from a glass-bottomed boat. I can see fish swimming by. There are some beautiful fish there.

"I can see a desert scene. It is very, very hot. I see pyramids and I can hear music. There is a whole caravan of camels with people on them. I can hear beautiful Middle-Eastern music. It is nice to get sound with my pictures.

"...Now I see a spiral staircase without stairs. It is like a sliding board. You can slide down and around it. I can hear music that is starting high and dropping down as I get the feeling of sliding down this spiral sliding board.

"...The next picture I see is the tunnel again. I am looking at the side view of the tunnel. It looks very dark inside. There is a hollow sound through the tunnel and I can hear music coming from the other end. I am flying above some clouds.

"I realize now that I started off just looking at pictures and describing them, but all of a sudden I realize I pam not observing the pictures, but that I am experiencing them. I am flying like a bird over these beautiful white clouds. I am aware of real contrast between a blue sky and the white clouds. It is certainly beautiful. They are such fluffy clouds. I have always wanted to bounce on clouds. As I think this, I am finding myself bouncing on these fluffy clouds. I'm sensing that they are so soft as I bounce. Ooops, I just fell through one and landed on top of another.

"Now all of a sudden I find myself in a time capsule with the sand running through it. When you turn it upside down the sand runs through to the other side. It is turned upside down and I am sliding down from the top to the bottom and am all covered with the sand of time.

"I see a rocket ship. I'm getting into the seat. I am putting on a helmet with a 12 on it. I feel another state coming over me. I almost feel like I am losing consciousness. I won't fight it. I'll go with the flow and see what happens.

"I'm in the rocket ship, but I suddenly realize that I have third dimensional sight and am observing how different aspects of the self can do several things at once. You can be a part of something, but at the same time another part of you can stand aside and observe. Okay, I realize that one part of me is going to be shot somewhere in the rocket ship and another part of me will stay here. I feel that someone might be working through my body. My face is starting to change, but I'm still conscious.

"It is a funny that happening. They are going to ask a question and then someone will come through and answer it. I get the feeling that they are trying to show the level of consciousness where I can be a part of something but observing it at the same time.

"The first question I get is, 'What is the nature of reality?' I see the question going in front of me like a ticker tape.

"The answer is coming in front of me and I am supposed to repeat it as I see it and hear it...

"The question regarding reality is a most important question even though it might seem trivial in the mind of this channel. We ask this question to help her understand more fully the purpose for which she exists.

"First, let us say that reality is a word which is created in the mind of humans. Therefore, the word is one step from its own aspect. That is, the word itself is one step from its original form. Reality is that which is conceived in a pure state of consciousness and it is not that which is perceived by the eyes and senses of the human self.

"On the earth level that which man creates and considers reality is only an image of that which is conceived in the original state. There is much confusion on the earth level with regards to the true nature of existence and truth.

"We point this out because when humans thinks they are dealing with reality, they are often dealing with shadows of thought. It is the unreal nature of truth. Truth in essence is that which is a part of the pure consciousness within man. There are, however, few who are in touch with the true nature of their pure state of consciousness.

"Most humans are one step beyond reality because they operate from the level of the human senses. This is why most humans have drawn around them a very closed area of perception.

"There is retardation of perception of many on the earth plane because human sense perception is limited to time and space. In true levels of consciousness there are no boundaries. Boundaries are created by humans and they become prisoners of their own perceptions. Such boundaries keep humans from experiencing the true nature of their own consciousness. Only by going deep within the levels of his true nature does man get into atunement with reality.

"The experiences which this soul has had in going into various levels of consciousness are levels of reality, but these levels seem unreal to this soul. She has questioned them because they are not within the limits of her earth experience of sight, sound, smell and touch.

"As a soul gets in touch with its inner realities, what is considered the real world begins to seem unreal. What she perceived to be real is merely a shadow of true existence.

"Remember that everything that is created is one step beyond reality. As a soul gets further and further away from its true nature, it gets more and more difficult to get back to its inner truths.

"We are showing the pictures and then taking the entity into experiencing them to put across the concept that that which is real is not only that which exists in the consciousness of the being, but that which is experienced in its pure original form.

"The second phase, which is the created, is one step beyond reality, therefore, many who live on the earth plane live one step beyond reality because they are caught up in levels of the outer world which is physical. There are all levels of the physical which the senses perceive as real. They are also caught up in the false thought forms that are created around them, and put into their consciousness fields.

"It is important for souls that want to get in touch with the true nature of reality to get in touch with the true nature of their own being, which in essence is getting in touch with their higher selves.

"This means that a soul in search of reality must drop all thought forms that have penetrated into the mind and work to go into the pure levels of thought, which are pure levels of energy. Most souls on the earth level are so immersed in false thought capsules that they block themselves from experiencing pure energy flow, therefore, we say that the true purpose of all souls in the earth body on the earth level is to get in touch with the true nature of self. By getting in touch with the true nature of self, the soul is in touch with the true nature of reality.

"The earth, being a creation, is a reflection. Thought forms are also a relection of and not reality. These thought forms which are passed down from century to century of earth time form into massive thought capsules called institutions, and it gets further and further away from reality and the original energies. As all these false thought forms hover within the mind of man, and around the earth, they create a stale atmosphere. Many souls who walk the earth now and allow themselve to live in this stale atmosphere of false realities are going to be locked into this stagnant energy level of consciousness until they have a breakthrough and become tired of living in the false realities that have limited their perception. This is the reason for the shakedown of physical energies in the earth consciousness. The earth consciousness can get so ladened down with the stagnant and negative energies that ever so often it has to have a big shakedown like a dog shaking off water from its back. These negative energies have to be released into a higher positive flow. All energies evolve including the earth energies themselves. And the physical earth will one day pass away and evolve into its etheric energy levels

just as the physical body dissolves into its etheric levels.

"We are telling and showing this soul that what she is experiencing is an important level of her own reality. We want to point out that the information we bring to and through her is a second step from reality because once it comes from us to her, it is in a second stage, which is the shadow of reality. We are working with this channel to raise her perception and are teaching her to go within for her guidance. Just as we work with the earth level, there are those who work with us from even higher levels of pure energy.

"I say that reality is that which each soul must experience in its own pure essence, therefore, anything that we would say which this soul is not tuned into is out of tune with her reality. Our main purpose of working with souls on the earth dimension is to try to help them to get in touch with the energies of own pure reality natures.

"When two persons are in discussion and are working together, often there is a difference of opinion because there is a difference of personality. The nature of each being has the right to choose their own concepts. We encourage this channel to be completely aware of the nature of reality and say that that which she is in touch with from her highest self is her reality. Our purpose of working with the earth consciousness is to help to bring humans into an understanding of the higher nature of self which is the highest level of light consciousness. As we come, we bring our own reality and we want to make it clear to this channel that we are working on different levels of reality even though we are a part of her reality structure.

"We want to say that that which many on the earth level think is real is unreal, and that which the soul thinks is unreal is often the real. When the soul truly gets into touch with its higher reality there are no words to express this true level. This becomes what is known as the knowing level. At this level it is very difficult to put the experiences and the understanding into physical words."

RAM: "How can one help in the achievement of this knowing stage?"

ROMC: "First, it is important to drop all preconceived concepts of reality--that which the world says is real. Each soul must start with a clean slate and turn themselves outside in to seek to receive continual inner guidance. The soul must seek to follow the intuitive and not the mental level. The knowing level is in the timeless dimension.

RAM: "How can we strength these intuitive connections?"

ROMC: "It is a process of getting the mind out of the way of itself. There is a deeper level of perception beyond the

physical functions of the human brain. Getting into a very relaxed state, which you know as meditation, and allowing thought forms to work their way into the consciousness level and then releasing them is a way to purify the mind levels. You will begin to get in touch with the energies that go beyond the thought process. It seems to be a type of "nothing" level but you are actually getting into your pure energies. They will feel different to you. These energies become more real and feel more a part of your own true nature. When this happens you are beginning to get into the knowing dimension. There is usually no question in your mind, you just "know".

RAM: "In the dream state, what is happening?"

ROMC: "Many emotional and mental thought forms are embedded in your deeper energy levels known to you as the unconscious or subconscious levels. Because they are embedded they must be released. All the thought and emotional forms must work their way through the consciousness of the self. This allows you to look at yourself from another level of consciusness. It is yet another way of working through these emotional and mental capsules. This is your built in energy-cleansing process. No energy is dormant within the human sytem. Your whole system is energy and is in a continual processing movement. Many energy blockages are released through the dream state even if you are not consciously aware that it is taking place. This is the only way that the energy balance can be maintained on a regular basis. It is a built-in maintenance program and one that humans cannot escape, because they must sleep. The more that a soul is in touch with its higher energies, the less important it is for them to experience certain levels of the dream state. The dream state works through all the levels of energy that are in the human system depending on which level is in greatest need of balance. Those souls that are in the higher levels of balance are freed to work in these higher energy levels during the sleep state. They work on a service level to help other souls advance through their various stages of energy. Some souls are so locked into their stagnant energy levels that it takes many different processes to help loosen them and keep them moving on their journey into their higher and more pure energy levels of reality.

RAM: "You spoke of dreams, but why is there a need for a human to sleep?"

ROMC: "In the earth level, or the time realm, there is a magnificent rhythm. Everything related to the human self is rhythm--the heart beat, pulse, breathing, time, seasons. Life in and of itself is rhythmic because of the continual balancing process taking place in the energy system. All energies in the time dimension are in continual flux and change and this is a rhythmic process which is the balancing process. In the waking state the negative poles of the energy levels are at work. In the sleep state the positive poles of the energy system are rhythmically at work keeping balance in the overall system.

Everything in the energy levels of the time dimension has its negative/positive poles and pulls which is a built-in process that works toward bringing the energy self back into its pure form of balance. The waking state is the negative/time dimension. The sleep state is the positive/timeless dimension. Dreams are often confusing and difficult for humans to understand because they are not associated with the normal perceptions of time and space. When the soul becomes more balanced in its higher energies, it is then that the waking state and dream state become one in reality. When one feels more in tune and in touch with their dream state, they are getting more closely in touch with aspects of their pure energy levels.

RAM: "Very good. I wonder if you have one final message for us, because our channel will need some rest pretty soon.

ROMC: "Before we step aside, we want to say that it is a privilege to work with you and this channel in this way. A great love energy surrounds this project because the basic motive is for the growth of individuals into a higher understanding of self.

RAM: "We are very grateful for the rewarding help you give. Thank you for coming. Rosalind, do you hear me"?

ROMC: "Yes...yes..."

RAM: "How do you feel?"

ROMC: "I feel pretty good."

RAM: "What have you been doing?"

ROMC: "I've been observing, but the person talking has tears running down my cheeks."

RAM: "Why the tears?"

ROMC: "I think they were so moved with love and compassion for the process that is taking place that tears started running down my cheeks. An emotional level, other than the mere words must have been coming through me. I couldn't even tell you what was said."

RAM: "Do you remember what was said, or were you taking a nap?"

ROMC: "I don't know what was said. It is like a dream and is fading away. You know how when it the middle of a dream it is so real and clear and you think you can never forget it. Then when you wake up and get into the normal state of consciousness, it completely disappears. That is what happens during these sessions. They seem so clear at the time. Then I completely forget most of them when I come back to my normal state."